



# little black book cont....



## DENBY & KILBURN cont...

### Denby Footpaths Group

If you enjoy walking and/or conversation come along to one of our meetings or events. Contact Mick on 01332 881583 or email Denby-Footpaths-Group@hotmail.co.uk

### Kilburn Life Group

Meet 1st and 3rd Wednesday of month 10.00-11.30am to discuss issues relating to life. Further details Tel: 01332 882713 Cynthia

### Kilburn Luncheon Club

Alternate Mondays at Kilburn Village Hall. A meal in relaxed atmosphere for elderly or lonely men & women. Transport provided if required. Call Tom Thompson 01332 882866 or Norma Sharman 01332 882357

### Kings Club

Denby Bottles Methodist Church, Danesby Cres. For children at junior school. Learn about Jesus using craft activities, films, songs, games. Thurs 5.30pm to 6.30pm. Call Gill & Tom Pullan 01773 829512

### Kung fu

Kilburn Village Hall. Sessions on Wed and Sun for girls & boys age 8 upwards. Call Dean Richmond on 07919 831659 No joining fee.

### Stay 'n' Play

Every Thursday 9.15-11.15am Kilburn Village Hall term time only

### Tae Kwon-do & Practical Self Defence

Adult & children's classes at Kilburn Village Hall - Saturday 10am-noon also PANTHER's 5-7 yrs old - Wednesday 4.45pm-5.45pm. For more info call Shirley or Neil on 07779 812468

### Whist Drive

Fortnightly on Wednesdays 2.15pm at Kilburn Village Hall. New faces welcome. For more info Tel: 01332 882629 or 01332 780851

### Women's Institute

Meet monthly at the Institute. For more info Tel: 01332 881239 (Elsie)

### Youth Club

Denby Bottles Methodist Church, Danesby Cres. Pool, air hockey, table tennis, PS games etc Weds 7pm-8.30pm. Call Gill & Tom Pullan 01773 829512

## DUFFIELD

### Adult Yoga

Mondays 7.30-9pm at Meadows Primary School and Thursdays 1.30-2.45pm at The Scout Hut on Hall Farm Road. Details contact Anita on 01332 842070 or drop in.

### Duffield Singers

Friendly, mixed choir singing all styles of music. No audition needed. All abilities welcome. Mondays (term- time) 8-9.30pm @ St Margaret's Church, Hall Farm Rd (off Broadway), Duffield. Further info: Beate on 01332 840517 or from <http://www.duffieldsingers.zoomshare.com>

### Fusion - Club for 5 to 11 year olds

Sundays 11am - noon. Family service first Sunday every month. Emmanuel Christian Centre, 32 Chapel St, Duffield. Parents welcome to stay.

## HEAGE

### Heage Kickboxing

Village Hall, School Rd, Heage  
Every Wednesday  
Juniors (8-14) 6.30pm-7.30pm  
Adults 7.30pm-8.30pm  
Call Kev Carter  
on 01332 880679

## HEANOR

### Derbyshire Housing Aid offers

Specialist legal advice on housing, debt & welfare benefit issues. Fortnightly free advice Sessions on Tuesdays at Wilmot Street Health Centre, Heanor 9.30am-12.30pm. More info: 01332 287850 (Kath Jackson) or email: [kathleen.jackson@housingaid.org.uk](mailto:kathleen.jackson@housingaid.org.uk)

### Heanor School of Tae Kwon-Do

Heanor Town Hall  
(Juniors) Wed & Fri 5.30pm - 6.30pm  
(Seniors) Fri 6.30pm - 8.30pm  
All ages and abilities welcome  
More info: Jodi Wainwright on 07754 052585

### Slimming World

Heanor Town hall  
Wednesday 5pm and also 6.30pm  
Day classes - Thursday 9am and also 11am.  
Eileen 01773 760548 for info or just pop in.

## HOLBROOK

### 1st Holbrook Scout Group

Arkwright Hall, Moorside Lane, Holbrook.  
Boys and girls welcome  
Beavers - Monday 6-7pm  
Cubs - Wednesday 6.30-8pm  
Scouts - Monday 7.15-8.45pm  
Would you like your child to join? Would adults like to join as leaders or helpers?  
Raccoon - Group Scout Leader Mark on 01773 827083

### Holbrook Bowls Club

Further information Tel: 01332 781403  
Sharon Stevens

### Holbrook Women's Institute

Meet 1st Wednesday of the month at the Arkwright Hall. For more info call Lilian Phipps on 01332 881419

### Weightwatchers

Every Thurs 6.30pm  
Holbrook Miners Welfare, Shaw Lane  
Call Lynne on 0115 9305921 for info