



# little black book

## CLUBS, SOCIETIES, GROUPS, CLASSES

### ALLESTREE

**Hatha Yoga**  
on Wednesday, 1.30-3.00pm  
@ Memorial Hall, Allestree and Thursday  
10.00-11.30am @ Evergreen Club, Allestree.  
Contact Margaret Rippingale (British Wheel of  
Yoga) on 01332 882200.

### BELPER

**Belper Ladies Group**  
Meet at 2pm on the 2nd Tuesday  
in each month with speakers &  
outings. Come and make friends  
at the Masonic Rooms, Campbell St,  
Belper. Easy access for disabled.  
Further info from the Secretary  
On 01773 822510 or 01773 827720

**Yoga Classes**  
with Rachel Jennings – Kilburn Osteopaths.  
Contact Rachel for details of classes on 01332 780580

**Shape Fitness**  
Hi/Lo with Bums & Tums, Belper Leisure Centre.  
Monday 7.30pm - 8.30pm also: Openwoodgate @ St Marks  
Church Hall. Thursday 8pm - 9pm, Pay as you go!  
For more details call Dawn 01332 830004 or 07917 728912

**Twistin' Tots**  
Music & movement for babies,  
toddlers & pre-school (0-4).  
A fun mix of activities to tire out your  
children & keep them entertained.  
Tues: 2pm-3pm Fri: 9.45am-10.45am  
and 11.15am - 12.15pm  
For more info call Jacqui on 07977 578359

### CHADDESSEN

**Anna Michelles School of Dance**  
Established, friendly dance school based in Chaddesden.  
Ages 21/2 to adults. IDTA Ballet, Tap, Theatre Craft,  
Freestyle and Acro (associated with Royal Academy of  
Dance) Call Anna on 07980 756 586 email:  
agratton417@btinternet.com

### CHURCH CONTACTS

**St Clements Church, Horsley; St Susannas Church,**  
Horsley Woodhouse; St Marys Church, Denby Serving the  
Parishes of: Horsley, Denby, Horsley Woodhouse, Kilburn  
& Coxbench for all Church based enquiries please contact  
the Parish office on 01332 880284  
Email: kenhorleston@tiscali.co.uk

### DENBY & KILBURN

**1st Horsley & Kilburn Rainbows**  
Would you like your child to join?  
Call Mole on 01332 882170

**55 and over's Club**  
Every Thursday 1.30-3.20pm  
Bown Close Community Centre.  
For more info Tel: 01332 882 666 Mrs M Sterland

**Angela School of Dance**  
Learn the latest hip hop & street dance  
Moves in our fun coached classes @  
John Flamsteed School, Denby.  
Every Thurs (excluding school hols)  
6pm-6.45pm – Learn MTV moves  
6.45pm-7.30pm – Keep fit dance  
All classes £3.00 For more info call  
Angela on 07899 041549 or email:  
angelaschoolofdance@googlemail.com

**Beginners Adults Dance Classes @**  
Kilburn Village Hall, Church St, Kilburn.  
Introduction to Latin American, Ballroom inc.  
Cha Cha Cha, Merengue, Rock & Roll and Salsa.  
Fun, fitness & style. Thursdays 7.30pm-8.30pm  
Further info contact Patricia Cooke NATD  
on 01332 660837

**Chatterbox Café**  
Every two weeks on a Friday at Kilburn Village Hall to coincide  
with mobile library in car park. 10am – 12.30pm. Filtered coffee,  
fresh homemade cakes, relax, chat or read. All welcome.

**Connections Café**  
Denby Bottles Methodist Church, Danesby Cres. 2nd  
Friday each month. 8pm-10pm. Meeting place,  
relaxed atmosphere, refreshments.  
Call Gill & Tom Pullan 01773 829512

**Denby Footpaths Group**  
If you enjoy walking and/or conversation  
come along to one of our meetings or events.  
Contact Mick on 01332 881583 or email  
Denby-Footpaths-Group@hotmail.co.uk

**Kilburn Life Group**  
Meet 1st and 3rd Wednesday of month 10.00-11.30am to discuss  
issues relating to life. Further details Tel: 01332 882713 Cynthia

**Kilburn Luncheon Club**  
Alternate Mondays at Kilburn Village Hall. A meal in relaxed  
atmosphere for elderly or lonely men & women.  
Transport provided if required. Call Tom Thompson  
01332 882866 or  
Norma Sharman 01332 882357

