

DO YOU RUN YOUR BUSINESS FROM HOME?



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Website of the Month



www.lovefoodhatewaste.com

A third of all the food we buy ends up being thrown away. What a waste!

Here's a website that tackles this expensive and environmental problem in a number of sensible and innovative ways.

A portion planner helps you work out exactly how much food to cook so nothing is left over, and storage tips to show you how to keep food fresh.

The recipe area is a stroke of genius; click on a food that needs using up and recipes created by top chefs appear.

Three other sections of recipes are also available: 'Cook Once, Eat Twice' has a selection of meals that you can reheat in a day or two. 'Time Savers' are recipes to batch cook and freeze so you will always have a tasty meal to hand in the freezer. And look at 'Rescue Recipes' for using up food slightly past its best such as dry bread.

'Mentoring for All'

Did you know that for just £250 + VAT you could have your own personal 'Business Mentor' for a whole year?

If you are the owner of a small to medium sized business in the East Midlands, 'Mentoring for All' may be for you.

The programme is supported by East Midlands Development Agency and offers the expertise of another business leader to help you develop your own skills, solve problems and grow your business.



To find out more information, please call NBV on 0115 9705550 or email mentoring@nbv.co.uk



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