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VET'S TIP Pet health in winter.

With the dark nights and the cold weather it can be difficult to maintain your dog's exercise levels. But this is just the time when they may be more prone to getting stiff because of the cold and damp



weather. Regular exercise is a must for any pet's quality of life so it is important to make time to get out for a walk.

Beware of the risks of walking in the dark though, and wear pale/reflective clothing and collars to avoid accidents. Other hazards to look out for at this time of year include dogs eating autumn fruits and developing digestive problems so prevent access to fallen apples, conkers, etc. Also bear in mind that anti-freeze is highly palatable but poisonous for pets.

Many people these days let off fireworks around Christmas and New Year so be prepared. Keep pets indoors on New Year's Eve and if your pet is particularly anxious, please contact your vet as they will have a range of treatments to help.



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