

## Helping Hands

Need a helping hand? Someone elderly to care for?

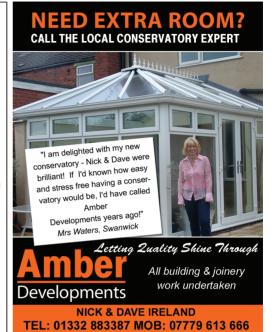
A small and friendly business offering personalised home service.

Cleaning - Laundry - Ironing - Shopping - Meal Planning & Preparation -

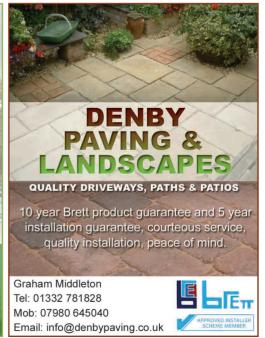
Each client individually assessed to cater for your specific needs.

References available for peace of mind from current clients.

To discuss your needs, please call Ann on 01773 880043 or Mobile 07956 633903







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