



little black book

CLUBS, SOCIETIES, GROUPS, CLASSES

ALLESTREE

Hatha Yoga

on Wednesday, 1.30-3.00pm
both classes are @ Memorial Hall, Allestree
Contact Margaret Rippingale (British Wheel of
Yoga) on 01332 882200.

BELPER

Artful Spodgers

Arts, crafts and messy play activities for toddlers & pre-school children (18 months -5 years) at the Fleet Arts Centre in Belper. Weds & Fri 9.45am - 10.45am and 11.00am to 12.00pm, term times only. More info, call Dawn on 0845 643 2606 or see website www.artfulspodgers.org

Belper Ladies Group

Meet at 2pm on the 2nd Tuesday in each month with speakers & outings. Come and make friends at the Masonic Rooms, Campbell St, Belper. Easy access for disabled. Further info from the Secretary On 01773 822510 or 01773 827720

Belper U3A

For retired people to get together & continue learning.
More info: Marian Chesters 01332 841319

Mother & Baby Yoga

Fun exercise. Mondays 10.30am @ Splits Dance Studio
6 week course More info: Tabitha on 01332 882855

Yoga Classes

with Rachel Jennings – Kilburn Osteopaths.
Contact Rachel for details of classes on 01332 780580

Shape Fitness

Hi/Lo with Bums & Tums, Belper Leisure Centre.
Monday 7.30pm - 8.30pm also: Openwoodgate @ St Marks
Church Hall. Thursday 8pm - 9pm, Pay as you go!
For more details call Dawn 01332 830004 or 07917 728912

Slimming World

Belper Community Centre (rear of library)
Tuesdays 6.30pm
Eileen 01773 760548 for info or just pop along.

Twistin' Tots

Music & movement for babies,
toddlers & pre-school (0-4).
A fun mix of activities to tire out your
children & keep them entertained.
Tues: 2pm-3pm Fri: 9.45am-10.45am
and 11.15am – 12.15pm
For more info call Jacqui on 07977 578359

CHADDESSEN

Anna Michelles School of Dance

Established, friendly dance school based in Chaddesden.
Ages 21/2 to adults. IDTA Ballet, Tap, Theatre Craft,
Freestyle and Acro (associated with Royal Academy of
Dance) Call Anna on 07980 756 586 email:
agratton417@btinternet.com

CHURCH CONTACTS

St Clements Church, Horsley; St Susannas Church,
Horsley Woodhouse; **St Marys Church,** Denby Serving the
Parishes of: Horsley, Denby, Horsley Woodhouse, Kilburn
& Coxbench for all Church based enquiries please contact
the Parish office on 01332 880284
Email: kenhorleston@tiscali.co.uk

DENBY & KILBURN

1st Horsley & Kilburn Rainbows

Would you like your child to join?
Call Mole on 01332 882170

55 and over's Club

Every Thursday 1.30-3.20pm
Bown Close Community Centre.
For more info Tel: 01332 882 666 Mrs M Sterland

Angela School of Dance

Learn the latest hip hop & street dance
Moves in our fun coached classes @
John Flamsteed School, Denby.
Every Thurs (excluding school hols)
6pm-6.45pm – Learn MTV moves
6.45pm-7.30pm – Keep fit dance
All classes £3.00 For more info call
Angela on 07899 041549 or email:
angelaschoolofdance@googlemail.com

Beginners Adults Dance Classes @

Kilburn Village Hall, Church St, Kilburn.
Introduction to Latin American, Ballroom inc.
Cha Cha Cha, Merengue, Rock & Roll and Salsa.
Fun, fitness & style. Thursdays 7.30pm-8.30pm
Further info contact Patricia Cooke NATD
on 01332 660837

Chatterbox Café

Every two weeks on a Friday at Kilburn Village Hall to coincide
with mobile library in car park. 10am – 12.30pm. Filtered coffee,
fresh homemade cakes, relax, chat or read. All welcome.

Connex Café-Bar

A relaxed evening of music & friendship
2nd Fri of each month @ Kilburn Welfare & Social
Club 8pm. Free entry. Live music, coffee, cakes,
bar More info: Gill 01773 829512

