



little black book

CLUBS, SOCIETIES, GROUPS, CLASSES

ALLESTREE

Hatha Yoga

on Wednesday, 1.30-3.00pm Thursday 10-11.30am
both classes are @ Memorial Hall, Allestree
Contact Margaret Rippingale ITEC IIHHT BWYDip.
(British Wheel of Yoga) on 01332 882200.

Rosemary Conley Diet and Fitness Club

Mondays 6 - 7.30pm Woodlands School
Susan Booth 01332 855116

"Sing for your Supper"

Choir group. Rehearse Weds evenings at Evergreen
Club 8-9.30pm. £1 charge to cover hall fees. All adult
ages & abilities welcome. Call 01332 552248 for details
sing4yoursupper@hotmail.co.uk or
www.sing4yoursupper.co.uk

BELPER

1st Belper Rainbows

For girls aged 5-7, would you like your child to join? Email:
belperrainbows@hotmail.co.uk

Artful Splodgers

Activities for children age 18 mths to 5 yrs @ Fleet Arts
Centre. Weds & Fri 9.45am-10.45am & 11am-12pm (term
only) Info: Dawn 0845 6432606 www.artfulsplodgers.org

Belper Folk Club

At the Old King's Head, Days Lane, Belper Tues with monthly
guest spots. Sing-a-rounds. More info: www.belperfolkclub.
co.uk Geoff & Kath 01246 865170 or John 01773 599115
(Mobile 07790 400167)

Belper Ladies Group

Meet 2pm, 2nd Tues each month @ Masonic Rooms,
Campbell St. Speakers & outings. Info: 01773 822510 or
01773 827720

Belper Meadows Tennis Club

Just off A6 (behind Christ Church) at the Triangle. Welcome
new members all ages/abilities. Adult social nights Tues &
Thurs. Info/membership forms: www.belpertennis.co.uk

Belper Players

Looking for new members to both act and help with
backstage and front of house. Mems at the Fleet Arts Centre,
The Fleet and Thurs at the Lion Hotel, Bridge St 7-30pm
More info: call Mrs Joyce Towle (secretary) on 01335 370
827 or email: darrenwhall@btinternet.com

Belper Tae Kwon-Do School

New beginner children's classes Ages from 4 & above
Sat 9.30am - 10.30am/Weds 5.15pm - 6.30pm
New beginner Adult classes
Sun 7.30pm - 9.00pm/Weds 8.00pm - 9.30pm
Held at Belper Leisure Centre
More info: Call Mr Karl Duro 4th Dan on 07946 593363

Belper Thursday Club

For retired ladies & gents to meet socially. Alternate Thurs
1.45pm @ Community Hall, Bridge St. £1 admission. Info:
01773 825619 or 01773 827145

Belper U3A

For retired people to get together & continue learning. Info:
Teresa Stretton 01773 827887

Chucklebutties

Activity sessions every weekday at 11am and 2pm. Details at:
www.chucklebutties.co.uk. Pre-schooler only sessions Tues
10am and 3.30pm. Info: 01773 880123 or email
info@chucklebutties.co.uk

'Learning Through Drama' Ltd

Speech & drama tuition by qualified teachers. Ages 5-15
yrs. Mon 4.30-5pm @ St John's School Weds 4.30-5pm
@ Long Row School Info: 07914 539719 email: helen@
learningthroughdrama.co.uk www.learningthroughdrama.co.uk

Mother & Baby Yoga

Relax & bond with baby. Mon 10.30am @ Splitz Dance Studio.
Info: Tabitha 01332 882855

Yoga Classes

With Rachel Jennings - Kilburn Osteopaths. Details of classes
call Rachel: 01332 780580

Rosemary Conley Diet and Fitness Club

Thursdays 6 - 7.30pm Belper Community Hall
Susan Booth 01332 855116

Shape Fitness

H/La with Bums & Tums, Belper Leisure Centre,
Monday 7.30pm - 8.30pm also: Openwoodgate @ St Marks
Church Hall, Thursday 8pm - 9pm, Pay as you go!
For more details call Dawn 01332 830004 or 07917 728912

Slimming World

Belper Community Centre (rear of library)
Tuesdays 6.30pm
Eileen 01773 760548 for info or just pop along.

Twistin' Tots

Music & movement for babies. (Age 0-4) Tues 2-3pm Fri 9.45-
10.45am and 11.15am-12.15pm. Info: Jacqui 07977 578359

CHADDESSEN

Anna Michelles School of Dance

Ages 2 1/2 - adult. IDTA Ballet, Tap, Theatre Craft,
Freestyle & Acro (assoc. with Royal Academy of Dance)
Info: Anna 07980 756586 Email: agratton417@
btinternet.com

CHURCH CONTACTS

St Clements Church, Horsley; St Susannas Church, Horsley Woodhouse; St Marys Church, Denby Serving the Parishes of: Horsley, Denby, Horsley Woodhouse, Kilburn & Coxbench for all Church based enquiries please contact the Parish office on 01332 880284
Email: kenhorleston@tiscali.co.uk

DENBY & KILBURN

1st Horsley & Kilburn Rainbows

Would you like your child to join?
Call Mole on 01332 882170

55 and over's Club

Every Thursday 1.30-3.20pm
Bown Close Community Centre.

For more info Tel: 01332 882 666 Mrs M Sterland

Angela School of Dance

At John Flamsteed School, Thurs (term time) 6-6.45pm – learn MTV moves 6.45-7.30pm – keep fit dance. Classes £3. Info: Angela 07899 041549

Beginners Adults Dance Classes

At Kilburn Village Hall, Church St. Intro to Latin American & Ballroom. Thurs 7.30-8.30pm. Info: Patricia Cooke NATD 01332 660837

Chatterbox Café

Every two weeks on a Friday at Kilburn Village Hall to coincide with mobile library in car park. 10am – 12.30pm. Filtered coffee, fresh homemade cakes, relax, chat or read. All welcome.

Connex Café-Bar

A relaxed evening of music & friendship
2nd Fri of each month @ Kilburn Welfare & Social Club 8pm. Free entry. Live music, coffee, cakes, bar
More info: Gill 01773 829512

Denby Footpaths Group

If you enjoy walking and/or conversation come along to one of our meetings or events.
Contact Jane on 01332 781305 or email Denby-Footpaths-Group@hotmail.co.uk

Kilburn Life Group

Meet 1st and 3rd Wednesday of month 10.00-11.30am to discuss issues relating to life. Further details Tel: 01332 882713 Cynthia

Kilburn Luncheon Club

Alternate Mondays at Kilburn Village Hall.
A meal in relaxed atmosphere for elderly or lonely men & women. Transport provided if required.
Call Tom Thompson 01332 882866 or Norma Sharman 01332 882357

Kings Club

Denby Bottles Methodist Church, Danesby Cres. For children at junior school. Learn about Jesus using craft activities, films,

songs, games. Thurs 5.30pm to 6.30pm. Call Gill & Tom Pullan 01773 829512

Kung fu

Kilburn Village Hall. Sessions on Wed and Sun for girls & boys age 8 upwards. Call Dean Richmond on 07919 831659 No joining fee.

Stay 'n' Play

Every Thursday 9.15-11.15am Kilburn Village Hall term time only

Tae Kwon-do & Practical Self Defence

Adult & children's classes at Kilburn Village Hall – Saturday 10am-noon also PANTHER'S 5-7 yrs old – Wednesday 4.45pm-5.45pm. For more info call Shirley or Neil on 07779 812468

Whist Drive

Fortnightly on Wednesdays 2.15pm at Kilburn Village Hall. New faces welcome. For more info Tel: 01332 882629 or 01332 780851

Women's Institute

Meet monthly at the Institute. For more info Tel: 01332 881239 (Elsie)

Youth Club

Denby Bottles Methodist Church, Danesby Cres. Pool, air hockey, table tennis, PS games etc Weds 7pm-8.30pm. Call Gill & Tom Pullan 01773 829512

DUFFIELD

Adult Yoga

Mondays 7.30-9pm at Meadows Primary School and Thursdays 1.30-2.45pm at The Scout Hut on Hall Farm Road. Details contact Anita on 01332 842070 or drop in.

Derwent Valley Wind Band

Welcomes brass and wind players (adults or children) who are approx Grade 3 or above. Mondays 6.45-8.15pm, term time only, Concert Hall, Ecclesbourne School. Kath Hoblyn 01332 840405

Derwent Valley Training Band

Welcomes brass and wind players (adults or children) who are beginners up to approx Grade 3. Mondays 5.45-6.30pm, Music Block, Ecclesbourne School. Kath Hoblyn 01332 840405

Duffield Singers


Friendly, mixed choir. No audition needed. All abilities welcome. Mon (term time) 8-9.30pm @ St Margaret's Church, Hall Farm Rd. Info: Beate 01332 840517 or www.duffieldsingers.zoomshare.com

Duffield Tae Kwon-Do School

New beginner children's classes Ages from 4 & above Mon 4.50pm - 6.20pm/Fri 4.50pm - 6.20pm
Held at Duffield Meadows School
More info: Call Mr Karl Duro 4th Dan on 07946 593363



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DUFFIELD CONTINUED

Fusion – Club for 5 to 11 year olds

Sundays 11am – noon. Family service
first Sunday every month.
Emmanuel Christian Centre,
32 Chapel St, Duffield
Parents welcome to stay.

HEAGE

Heage Kickboxing

Village Hall, School Rd, Heage
Every Wednesday
Juniors (8-14) 6.30pm-7.30pm
Adults 7.30pm-8.30pm
Call Kev Carter
on 01332 880679

HEANOR

Derbyshire Housing Aid offers

Specialist legal advice on housing, debt
& welfare benefit issues. Fortnightly free advice
Sessions on Tuesdays at Wilmot Street Health
Centre, Heanor 9.30am-12.30pm. More info:
01332 287850 (Kath Jackson) or email:
kathleen.jackson@housingaid.org.uk

Heanor Antique Circle

Meet first Tuesday of every month (from October to
May inclusive) at Heanor Miners' Welfare, Ilkeston Road,
Heanor at 7.15pm. Various speakers every month.
Visitors and new members welcome. For more info:
01773 717572

Heanor School of Tae Kwon-Do

Heanor Town Hall
(Juniors) Wed & Fri 5.30pm - 6.30pm
(Seniors) Fri 6.30pm - 8.30pm
All ages and abilities welcome
More info: Jodi Wainwright on 07754 052585

Slimming World

Heanor Town hall
Wednesday 5pm and also 6.30pm
Day classes - Thursday 9am and also 11am.
Eileen 01773 760548 for info or just pop in.

HOLBROOK

1st Holbrook Scout Group

Arkwright Hall, Moorside Lane, Holbrook.
Boys and girls welcome
Beavers – Monday 6-7pm
Cubs – Wednesday 6.30-8pm
Scouts – Monday 7.15-8.45pm
Would you like your child to join?
Would adults like to join as leaders
or helpers? Raccoon – Group Scout Leader Mark
on 01773 827083

Holbrook Baby & Toddler Group

Fri 9.15-11.15am (term time) @ Holbrook Methodist
Chapel. Adults £2 inc tea/cake. Info: 01332 780680

Holbrook Bowls Club

Further information Tel: 01332 781403
Sharon Stevens

Holbrook Garden Group

3rd Monday in the month at Holbrook Moor Methodist
Church, Moorside Lane, Holbrook at 7.30pm. All
welcome. Info: David Skelton 01332 881221

Holbrook Women's Institute

Meet 1st Wednesday of the month at the Arkwright Hall.
For more info call Lilian Phipps on 01332 881419

Love and Light

Clairvoyant Evenings
every Friday night
7.15pm

Holbrook Miners Welfare Holbrook
entrance £2.50
More info call Annette 07854 273131

Weightwatchers

Every Thurs 6.30pm
Holbrook Miners Welfare, Shaw Lane
Call Lynnie on 0115 9305921 for info

HORSLEY & COXBENCH

Horsley Over 60's Club

Meet alternate Tuesday afternoons @ Horsley Village Hall
2pm-4pm. No meetings in August. More info: Rose Knox
(secretary) on 01332 881592

Womens Institute

Second Monday in the month 7.15pm
Horsley Village Hall, for more info call
Pam Badger on 01332 881 985

HORSLEY WOODHOUSE

Enjoy Dominoes, Scrabble & Whist with tea & biscuits plus days out meet alternate Tuesday afternoons
at 2pm at The Orchard Community Centre, off Fairfield
Road. Everyone welcome – for more details call Peggy
Parry on 01332 882606

Horsley Woodhouse Pre-School

The Methodist Church Hall, Main St (term time) Under
3's Mon-Fri 9.30-12, 3 and over Mon-Fri 9.30-12.30.
Info: Julia 07969 969842 or Claire 01332 882864

Line Dancing with Instruction

Mondays 7.30pm-8.30pm Horsley Woodhouse
Church Hall, Main St. Tel 0753 1643687

Parent/Carer & Toddler Group

Tuesdays 1.30pm-3.00pm. Term time only. Babies
& toddlers welcome from 0+ @ Horsley Woodhouse
Methodist Church, Main Street. For more info call: Amy
01332 781923, Jodie 01332 781032 or Rachel
01332 781223

Tae Kwon-Do & Practical Self Defence

Adult & Children's classes @ Horsley Woodhouse Church Hall – Tues 6.30pm-8.30pm For more info contact Shirley or Neil on 07779 812468 www.tkd-selfdefence.com

Weightwatchers

Every Tues 6.30pm
Methodist Church, Main Street, Horsley Woodhouse
Call Lynne on 0115 9305921 for info

LITTLE EATON

Cheerleading Classes

@ Little Eaton O.A.P. Hut. Fridays 4.30pm-5.30pm (6-11 years) 5.30pm-6.30pm (12 years +) Further info: N Horton, XFC Cheerleaders 07748 148626

Little Eaton Dance School

Fun classes Ballet, tap, modern jazz & acrobatic dance. Saturdays @ Little Eaton OAP Hall. Children from 2 yrs accepted. Info: Julie Law IDTA ABT AMJ 01332 835392 or 07815 564096

OAP Hall

Barley Close. Room for hire £5 per hour. OAP coffee morning 10am
Whist Drive Thursdays 2-4pm OAP Keep Fit Fridays Pull down screen for slide shows 1st Wednesday each month. More information ring Susan on 01332 832577

Peace of Mind Counselling Service,

Professional service in quiet, confidential setting. More info: call Gillian England, MBACP (Accred). UKRCP Reg. Ind. PG Dip 01332 832879

The Feel Good Club

Learning to feel good about yourself again Ring Mr Ken Cowie NLP Coach & Therapist 01332 833314 kencowie@hotmail.co.uk

MILFORD

Midas After-School Club @ Milford

Primary School, Chevin Rd., Milford. Monday to Friday 3.30pm-6.00pm Further info contact Diana Lawday on 01332 842913

Milford Pre-School @ Milford Primary School,

Chevin Rd., Milford. Monday to Friday 9am-12pm – Funded sessions 3 to 5 years old.
Monday, Tuesday and Thursday 1pm-3.15pm – 2 to 3 years old. Further info contact Diana Lawday on 01332 842913

MORLEY & SMALLEY

Cheerleading Classes

@ Smalley Village Hall
Saturday 10.30am-11.30am (6-11 years)
Further info: N Horton, XFC Cheerleaders
07748 148626

Christian Crafts for Children

At Smalley Church Hall. These get togethers are suitable for Children between 4 and 11 though other aged children welcome. For more info: Mary Haywood 01332 881238 or 07947139232

Morley Bookclub

Informal meeting every 4 to 6 weeks. Operates in conjunction Tel: 01332 880107 Beryl Toms

Morley Evergreens

Anyone receiving a pension (retirement, disability, widowed) is eligible to be a member. Annual subscription £6. For more info Tel: 01332 880719
Kath Davies (The Secretary)

Morley Women's Institute

Second Tuesday of month in Morley Village School. For more info Tel: 01332 883294 Veronica (Secretary).

Morley Village Youth Club

Wednesday night during term time at Morley Village School. Open to all children who attend or have attended Morley School and children who live in the village. For more info tel: 07799 061177 Dawn Lockwood (Secretary).

Poems for Pleasure

A WEA class meets every Wednesday 10am-noon, Baptist Church, Smalley Full details call Wyn Harvey (Secretary) 01332 880013

Smalley Art Group

Meet to draw & paint at Smalley Institute, 79 Main Road, Smalley. Every Tues morning, Tues & Wednesday evenings. Details from Betty Hughes 01332 880044 / Jean Ross (Secretary) 01332 781319

Smalley Lawn Tennis Club

Off Dobholes Lane, next to Cricket Ground. New members welcome. Family membership from £45/year. Membership forms available from Smalley Post Office or The Flower Shop, Horsley Woodhouse.
More info www.smalleytennis.net

Smalley Women's Institute

Meets on 3rd Thursday of the month in The Church Hall, Main Road, Smalley at 7.15pm. For more info call 01773 715800 (Ann, Secretary) or 01773 534291 (Brenda)

QUARNDON

Rosemary Conley Diet and Fitness Club

Thursdays 10-11.30am Quarndon Village Hall
Susan Booth 01332 855116

RIPLEY

Change

Assistance with reading, writing, spelling. To suit those who experience effects of Dyslexia, Dysgraphia, Dyscalculia, Dyspraxia and AD/HD. More info: Anna Stephens, Ripley 01773 746277 www.dys-fix.co.uk



TO INCLUDE YOUR CLUB, SOCIETY, GROUP OR CLASS IN FUTURE ISSUES, JUST EMAIL karyn@allthingslocal.co.uk OR POST DETAILS TO: ALL THINGS LOCAL, 74 WOODHOUSE ROAD, KILBURN, BELPER, DERBYSHIRE DE56 0NA
DEADLINE FOR NEXT ISSUE: FRIDAY 27 FEBRUARY