



# little black book

## CLUBS, SOCIETIES, GROUPS, CLASSES

### ALLESTREE

**Hatha Yoga**  
on Wednesday, 1.30-3.00pm  
@ Memorial Hall, Allestree and Thursday  
10.00-11.30am @ Evergreen Club, Allestree.  
Contact Margaret Rippingale (British Wheel of  
Yoga) on 01332 882200.

### BELPER

#### Artful Splodgers

Arts, crafts and messy play activities for toddlers & pre-school children (18 months -5 years) at the Fleet Arts Centre in Belper. Weds & Fri 9.45am - 10.45am and 11.00am to 12.00pm, term times only. More info, call Dawn on 0845 643 2606 or see website [www.artfulsplodgers.org](http://www.artfulsplodgers.org)

#### Belper Ladies Group

Meet at 2pm on the 2nd Tuesday in each month with speakers & outings. Come and make friends at the Masonic Rooms, Campbell St, Belper. Easy access for disabled. Further info from the Secretary On 01773 822510 or 01773 827720

#### Yoga Classes

with Rachel Jennings – Kilburn Osteopaths.  
Contact Rachel for details of classes on 01332 780580

#### Shape Fitness

Hi/Lo with Bums & Tums, Belper Leisure Centre.  
Monday 7.30pm - 8.30pm also: Openwoodgate @ St Marks Church Hall. Thusday 8pm - 9pm, Pay as you go!  
For more details call Dawn 01332 830004 or 07917 728912

#### Twistin' Tots

Music & movement for babies, toddlers & pre-school (0-4).

A fun mix of activities to tire out your children & keep them entertained.  
Tues: 2pm-3pm Fri: 9.45am-10.45am and 11.15am – 12.15pm

For more info call Jacqui on 07977 578359

### CHADDESSEN

#### Anna Michelles School of Dance

Established, friendly dance school based in Chaddesden. Ages 21/2 to adults. IDTA Ballet, Tap, Theatre Craft, Freestyle and Acro (associated with Royal Academy of Dance) Call Anna on 07980 756 586 email: [agratton417@btinternet.com](mailto:agratton417@btinternet.com)

### CHURCH CONTACTS

**St Clements Church, Horsley; St Susannas Church,**  
Horsley Woodhouse; St Marys Church, Denby Serving the  
Parishes of: Horsley, Denby, Horsley Woodhouse, Kilburn

& Coxbench for all Church based enquiries please contact  
the Parish office on 01332 880284  
Email: [kenhorleston@tiscali.co.uk](mailto:kenhorleston@tiscali.co.uk)

### DENBY & KILBURN

#### 1st Horsley & Kilburn Rainbows

Would you like your child to join?  
Call Mole on 01332 882170

#### 55 and over's Club

Every Thursday 1.30-3.20pm  
Bown Close Community Centre.  
For more info Tel: 01332 882 666 Mrs M Sterland

#### Angela School of Dance

Learn the latest hip hop & street dance  
Moves in our fun coached classes @  
John Flamsteed School, Denby.  
Every Thurs (excluding school hols)  
6pm-6.45pm – Learn MTV moves  
6.45pm-7.30pm – Keep fit dance  
All classes £3.00 For more info call  
Angela on 07899 041549 or email:  
[angelaschoolofdance@googlemail.com](mailto:angelaschoolofdance@googlemail.com)

#### Beginners Adults Dance Classes @

Kilburn Village Hall, Church St, Kilburn.  
Introduction to Latin American, Ballroom inc.  
Cha Cha Cha, Merengue, Rock & Roll and Salsa.  
Fun, fitness & style. Thursdays 7.30pm-8.30pm  
Further info contact Patricia Cooke NATD  
on 01332 660837

#### Chatterbox Café

Every two weeks on a Friday at Kilburn Village Hall to coincide  
with mobile library in car park. 10am – 12.30pm. Filtered coffee,  
fresh homemade cakes, relax, chat or read. All welcome.

#### Connections Café

Denby Bottles Methodist Church, Danesby Cres. 2nd  
Friday each month. 8pm-10pm. Meeting place,  
relaxed atmosphere, refreshments.  
Call Gill & Tom Pullan 01773 829512

#### Denby Footpaths Group

If you enjoy walking and/or conversation  
come along to one of our meetings or events.  
Contact Mick on 01332 881583 or email  
[Denby-Footpaths-Group@hotmail.co.uk](mailto:Denby-Footpaths-Group@hotmail.co.uk)

#### Kilburn Life Group

Meet 1st and 3rd Wednesday of month 10.00-11.30am to discuss  
issues relating to life. Further details Tel: 01332 882713 Cynthia

#### Kilburn Luncheon Club

Alternate Mondays at Kilburn Village Hall.  
A meal in relaxed atmosphere for elderly or lonely  
men & women. Transport provided if required.  
Call Tom Thompson 01332 882866 or  
Norma Sharman 01332 882357

