

Award winning Head Chef Gary Malcolm (pictured) from the Fox and Hounds, Coxbench has provided the readers of All Things Local with a delightful dessert recipe.



PANACOTTA WITH ROASTED STRAWBERRIES, ORANGE & VANILLA, SERVES 4 PEOPLE



PANACOTTA

1 Litre of double cream
2 Vanilla pods
2 ½ Gelatine leaves
125 ML milk
125 Grams icing sugar

ROASTED STRAWBERRIES

500 Grams of Strawberries
1 Orange
2 Vanilla pods
2 Tablespoons demerera sugar

Method for Panacotta

Heat 750ml of the cream in a saucepan, add vanilla pods and bring to the boil. Reduce down by 1/3rd, remove vanilla pods, cut down the middle and scrape out the seeds and add to cream mixture.

Soak gelatine leaves in the milk for about 15 minutes, or until it goes soft. Remove gelatine, squeeze excess liquid out. Heat the milk until boiling, add gelatine to milk and stir until dissolved, add to the hot cream, and then leave to cool.

Whip the remaining cream with the icing sugar, until the sugar has dissolved and the cream has slightly thickened. Mix this with cooled cooked cream mix. Pour mixture into 4 small moulds. Allow to set in the fridge for a minimum of 2 hours. You will know when it is set as when you touch it lightly with your finger it will wobble slightly.

Method for Roasted Strawberries

Pre-heat oven to 150'c/gas mark 2

Dice the strawberries and grate the outer skin of the orange, not going too deep, this is the zest. Cut orange in half, squeeze juice into a container, split vanilla pods and scrape out seeds with a knife, keep to one side.

Place strawberries in an oven proof baking dish with the vanilla seeds, sugar, orange zest and mix lightly. Add the vanilla pods & orange juice. Bake for 15-20 minutes until tender. Allow to cool.

Turn out the set panacotta onto your dessert plate, garnish with the roasted strawberries and enjoy. Nice with a spoon of crème fraiche too!!

Tip- when turning out the panacotta, lightly dip into warm water, remove, pull cream away from edge of mould before turning onto plate

