

Julie Torrance (pictured) is a local Image Consultant and Personal Stylist – she shares some of her vast experience with the readers of All Things Local.

The holiday season has finally arrived. You have spent a lot of money on your holiday so it's important that the clothes you take are right. In this month's article I am going to help you with your holiday wardrobe with some simple packing guidelines.

First make a clear list of what you need, then ask yourself what will coordinate with what and how many uses you will get out of it. Remember to coordinate a couple of the looks for the season such as Nautical and safari to get as many fresh looks each day as possible. Once you have everything see if you can reduce your list by a third, ask yourself - Do I really need a pair of heels and flat shoes or could a pair of cork wedges do the same job? Remember the 2 tops to 1 bottom ratio.

So now you're ready to pack, divide clothes into layers and begin packing the longest garments first like dresses and trousers. Fasten all buttons and zips and fold along seams or creases then lay them in the bottom of your suitcase letting the excess fabric hang over the sides. For the next layer fold tops and other items such as skirts.



Now add your towels, sarong, cardis etc so that they lie flat and folding as little as possible. Fold the extra fabric that hangs over the suitcase over the other garments. If you're flying remember to include a pashmina in your hand luggage it can be worn on the plane and also on the beach or as an evening shawl. Pack fewer clothes and accessorise to vary your look.

If time is short, then give me a call - I can organise your holiday wardrobe for you, all you have to do is remember your tickets!

GOING ON HOLIDAY?... STRUGGLING TO KNOW WHAT TO PACK?

Do you always take more clothes than you need and end up wearing the same things? I will help you to pack the perfect holiday wardrobe.

Image and Wardrobe Do you have a wardrobe full of clothes but nothing to wear? I will help you achieve that fabulous individual look with effortless style. You will look and feel younger and slimmer and grow in confidence and self-esteem.

Would you like a new image but don't know where to start?
Personal Shopping Spend hours shopping and find nothing?

Do you buy clothes you never wear?

Do you feel overwhelmed by all the different ranges?

Occasion Shopping Dread being invited to a special occasion because you can never find anything to wear?

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Don't feel intimidated, give Julie Torrance a call on 07734 504410 or email julie@rags4riches.co.uk
For further details have a look at www.rags4riches.co.uk