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**Ken Russell's clients have informed him of a high degree of success in treating them for severe stress/stress related illnesses/depression and also treating male problems.**

Ken explains: "Reiki helps heal physical problems i.e. shoulders, backs, legs etc. My clients, family and friends have all reported good results from treatment." Ken continues: "Reiki can heal the very young to the elderly and also animals always of the highest benefit to the person or animal, no harm can come from it." For many years Ken knew he had this gift. A Reiki Master actually told Ken that he had the healing powers required to practice Reiki. He has always worked to the highest standards, attaining his Reiki Master certificate almost two years ago. Ken (pictured) practices Reiki from a relaxing, purpose-built room at his home – giving total privacy and relaxation. Ken, from Denby Village is married to Janet and describes himself as a man who enjoys travelling abroad and spending time with his family – Ken also loves village life.

Although most of Ken's Reiki is done from his home, at a small additional cost he will do a home visit for either individuals, couples, or a party group. **Ken's website for more information is [www.kenrussellreikimaster.co.uk](http://www.kenrussellreikimaster.co.uk)**



Ken Russell

**Judy Cauldwell (pictured) from Belper believes the use of holistic therapies is important for emotional and physical problems, as the mind and body are intrinsically linked.**

Judy's experience with the wonderful natural healing technique of Reiki has changed her life and given her great inspiration and positivity. Judy was first introduced to Reiki in 2003 - little did she know then that she would learn Reiki, become a Reiki Master Teacher and set up her own practice! Judy uses colour therapy and crystals with Reiki treatments - making for very gentle but very powerful combinations. She will be holding Reiki training courses in late Spring - dates to be confirmed, so if you're interested in learning Reiki, please give **Judy a call on 01773 828417 for further information.**



Judy Cauldwell

*Reiki Master Practitioner*  
**Ken Russell**  
Usui System Of Natural Healing  
Restore Your Body's Balance  
Relieve Stress & Anxiety  
Suitable For All Ages  
Free Consultation

**What is Reiki?**  
Reiki is a safe, gentle, non-invasive form of hands-on healing. Recipients report their experience of Reiki includes increased energy, reduction of pain, deep relaxation and a general feeling of well being.

[www.kenrussellreikimaster.co.uk](http://www.kenrussellreikimaster.co.uk)

**Contact Details:**  
Telephone - 01332 781786  
Mobile - 07791 677578  
Email - [Janetken@hotmail.co.uk](mailto:Janetken@hotmail.co.uk)  
Denby Village, Ripley, Derbyshire

**RAINBOW HEALING**

**REIKI**  
INCLUDING COLOUR REIKI  
**INDIAN HEAD MASSAGE**  
**HOPI EAR CANDLES**

**REDUCE STRESS**  
**RELAX TENSE MUSCLES**  
**INCREASE ENERGY LEVELS**  
**RELIEVE EAR NOISE / SINUSITIS**  
**FIND INNER PEACE & STRENGTH**

**JUDY CAULDWELL** BABTAC  
Reiki Master Teacher  
Tel: 01773 828417 / Mob: 07875 367 270