

# GHOST

## HAIR & BEAUTY

2-3 Highfield Road, Kilburn

Tel: 01332 880 609

## WIN A HAIR & BEAUTY MAKEOVER WORTH £100

One lucky reader will win a cut, colour, manicure and Reiki session  
in our easy to enter competition.

Since opening last year, Ghost Hair & Beauty has gone from strength to strength. Salon Director, Emma Wilson and her team (pictured) exude enthusiasm to ensure that anyone visiting the salon has an enjoyable and relaxing experience.

Ghost Hair & Beauty use the latest hair products from Biolage and is accredited as being an International Dermalogica Institute Salon for beauty.



Reiki (pronounced Ray-Key) is just one of the new treatments being offered by therapist Buckso Dhillon-Woolley. You simply lie on a couch and relax. If you are unable to lie down the treatment can be given in a sitting position – the main thing Buckso ensures is that you are as comfortable as possible. There is no need to remove any clothing as Reiki will pass through anything. Buckso gently places her hands non-intrusively in a sequence of positions over the whole body to re-align the pure flow of energy within. A full treatment lasts up to one hour.

### The competition

All you have to do is answer the simple question below and either post your form to All Things Local, 74 Woodhouse Road, Kilburn, Belper, Derbyshire DE56 0NA or post it in the special Competition Entry box situated in Ghost Hair & Beauty on 2-3 Highfield Road, Kilburn. Closing date Monday 10 September. Winner will be drawn on Tuesday 11 September and notified within a week. All entries will be destroyed after the draw has taken place.

Question: **How is the word Reiki pronounced?**

Answer: .....

Name: .....

Address: .....

Telephone: ..... Email: .....