



little black book cont....



DENBY & KILBURN cont...

Denby Footpaths Group

If you enjoy walking and/or conversation come along to one of our meetings or events. Contact Mick on 01332 881583 or email Denby-Footpaths-Group@hotmail.co.uk

Kilburn Life Group

Meet 1st and 3rd Wednesday of month 10.00-11.30am to discuss issues relating to life. Further details Tel: 01332 882713 Cynthia

Kilburn Luncheon Club

Alternate Mondays at Kilburn Village Hall. A meal in relaxed atmosphere for elderly or lonely men & women. Transport provided if required. Call Tom Thompson 01332 882866 or Norma Sharman 01332 882357

Kings Club

Denby Bottles Methodist Church, Danesby Cres. For children at junior school. Learn about Jesus using craft activities, films, songs, games. Thurs 5.30pm to 6.30pm. Call Gill & Tom Pullan 01773 829512

Kung fu

Kilburn Village Hall. Sessions on Wed and Sun for girls & boys age 8 upwards. Call Dean Richmond on 07919 831659 No joining fee.

Stay 'n' Play

Every Thursday 9.15-11.15am Kilburn Village Hall term time only

Tae Kwon-do & Practical Self Defence

Adult & children's classes at Kilburn Village Hall - Saturday 10am-noon also PANTHER's 5-7 yrs old - Wednesday 4.45pm-5.45pm. For more info call Shirley or Neil on 07779 812468

Whist Drive

Fortnightly on Wednesdays 2.15pm at Kilburn Village Hall. New faces welcome. For more info Tel: 01332 882629 or 01332 780851

Women's Institute

Meet monthly at the Institute. For more info Tel: 01332 881239 (Elsie)

Youth Club

Denby Bottles Methodist Church, Danesby Cres. Pool, air hockey, table tennis, PS games etc Weds 7pm-8.30pm. Call Gill & Tom Pullan 01773 829512

DUFFIELD

Adult Yoga

Mondays 7.30-9pm at Meadows Primary School and Thursdays 1.30-2.45pm at The Scout Hut on Hall Farm Road. Details contact Anita on 01332 842070 or drop in.

Duffield Singers

Friendly, mixed choir singing all styles of music. No audition needed. All abilities welcome. Mondays (term- time) 8-9.30pm @ St Margaret's Church, Hall Farm Rd (off Broadway), Duffield Further info: Beate on 01332 840517 or from <http://www.duffieldsingers.zoomshare.com>

Fusion - Club for 5 to 11 year olds

Sundays 11am - noon. Family service first Sunday every month. Emmanuel Christian Centre, 32 Chapel St, Duffield Parents welcome to stay.

HEAGE

Heage Kickboxing

Village Hall, School Rd, Heage
Every Wednesday
Juniors (8-14) 6.30pm-7.30pm
Adults 7.30pm-8.30pm
Call Kev Carter
on 01332 880679

HEANOR

Derbyshire Housing Aid offers

Specialist legal advice on housing, debt & welfare benefit issues. Fortnightly free advice Sessions on Tuesdays at Wilmot Street Health Centre, Heanor 9.30am-12.30pm. More info: 01332 287850 (Kath Jackson) or email: kathleen.jackson@housingaid.org.uk

Heanor School of Tae Kwon-Do

Heanor Town Hall
(Juniors) Wed & Fri 5.30pm - 6.30pm
(Seniors) Fri 6.30pm - 8.30pm
All ages and abilities welcome
More info: Jodi Wainwright on 07754 052585

Slimming World

Heanor Town hall
Wednesday 5pm and also 6.30pm
Day classes - Thursday 9am and also 11am.
Eileen 01773 760548 for info or just pop in.

HOLBROOK

1st Holbrook Scout Group

Arkwright Hall, Moorside Lane, Holbrook.
Boys and girls welcome
Beavers - Monday 6-7pm
Cubs - Wednesday 6.30-8pm
Scouts - Monday 7.15-8.45pm
Would you like your child to join? Would adults like to join as leaders or helpers?
Raccoon - Group Scout Leader Mark on 01773 827083

Holbrook Bowls Club

Further information Tel: 01332 781403
Sharon Stevens

Holbrook Women's Institute

Meet 1st Wednesday of the month at the Arkwright Hall. For more info call Lilian Phipps on 01332 881419

Weightwatchers

Every Thurs 6.30pm
Holbrook Miners Welfare, Shaw Lane
Call Lynne on 0115 9305921 for info